

2009 CIF CENTRAL SECTION SWIMMING
TIME STANDARDS

GIRLS

EVENT CONSIDERATION /**AUTOMATIC**

| | |
|------------------|---------------------------|
| 200 MEDLEY | 2:11.48*/ 2:08.48* |
| 200 FREESTYLE | 2:11.40/ 2:08.40 |
| 200 IN. MEDLEY | 2:30.88*/ 2:26.88* |
| 50 FREESTYLE | :27.82/ :26.82 |
| 100 BUTTERFLY | 1:09.07/ 1:07.07 |
| 100 FREESTYLE | 1:00.78/ :58.78 |
| 500 FREESTYLE | 5:57.46/ 5:51.46 |
| 200 FREE RELAY | 1:57.42/ 1:54.42 |
| 100 BACKSTROKE | 1:10.59*/ 1:08.59* |
| 100 BREASTSTROKE | 1:18.40/ 1:16.40 |
| 400 FREE RELAY | 4:25.19 / 4:20.19 |

EVENT BOYS

CONSIDERATION /**AUTOMATIC**

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|------------------|-------------------------|
| 200 MEDLEY RELAY | 1:55.53/ 1:52.53 |
| 200 FREESTYLE | 1:58.75/ 1:53.75 |
| 200 IN. MEDLEY | 2:18.76/ 2:14.76 |
| 50 FREESTYLE | :24.21/ :23.21 |
| 100 BUTTERFLY | 1:00.59/ 58.59 |
| 100 FREESTYLE | :53.64/ 51.64 |
| 500 FREESTYLE | 5:24.32/ 5:18.32 |
| 200 FREE RELAY | 1:41.40/ 1:38.40 |
| 100 BACKSTROKE | 1:03.84/ 1:01.84 |
| 100 BREASTSTROKE | 1:09.75/ 1:07.75 |
| 400 FREE RELAY | 3:51.17/ 3:46.17 |